



September

SPECIAL EVENTS

540-653-8785

A FABULOUS NIGHT WITH THE HUBCAPS!

Friday Night, ~~September 17, 7:00 p.m.~~ at the NEW Dahlgren Parade Field Pavilion! FREE and open to the public. Classic Car Show, Food & Beverage for sale, Bring your lawn chairs!

CB's GREAT PUMPKIN PATCH!

Come out to the Great Pumpkin patch on Thursday, October 21 from 5:00 p.m. to 6:00 p.m. at the Parade Field Pavilion. Children 12 and under may pick out their favorite pumpkin. Halloween crafts will be provided along with spooky brew and snacks. Mark your calendar now for a fun family event. For more information call 540-653-5136, DSN 249-5136.

INFORMATION, TICKETS & TOURS 540-653-8785

Open 9:00 a.m. - 4:00 p.m., Monday through Friday. Notary service available. Plus, area maps and travel/sightseeing/amusement brochures. Stop in and have a look! When purchasing discounted tickets, you will need to present your base badge or military ID. No refunds or exchanges on tickets.

NEW YORK CITY TRIP!

Saturday, November 13 - Transportation by way of 49-passenger motor coach with reclining seats, VCR with 4-6 screens, restroom and complimentary continental breakfast on the bus. Leave Dahlgren at 6:00 a.m. and arrive in NYC around 11:00 a.m. The motor coach will drop off at Times Square and participants will be on their own for the day. Take in a show, shop for the

holidays, visit Rockefeller Center, you name it!

The motor coach will pick us back up at 8:00 p.m. and we are expected to return to the base about 12:30 a.m. REGISTRATION DEADLINE IS SEPT 30!!! Payment due at time of registration at the ITT office. MWR will provide holiday and family style movies for viewing on the motor coach.

FIFTH ANNUAL "NAVY NIGHT AT THE BAYSOX!"

If you are interested in complimentary tickets to the Fifth Annual "NAVY NIGHT AT THE BAYSOX" on August 27 at 7:05 p.m., please stop in or call the ITT office at 540-653-8785. The Bowie Baysox (AA affiliate of the Baltimore Orioles) will take on the New Britain Rock Cats (AA affiliate of the Minnesota Twins) at Prince George's Stadium, Routes 50 and 301 in Bowie, MD. There will be post-game fireworks. Parking is FREE.

NASCAR TRUCK & BUSCH SERIES AT RICHMOND RACEWAY

Craftsman Truck Series 200 & Crown Royal IROC Series Event
Thursday, Sept 9, 2004

BUSCH Series Race

Friday, Sept 10, 2004

BUSCH Series Party Zone Option

Friday, Sept 10, 2004

This includes; A general admission ticket for the race plus general admission to the fan hospitality area (open 2:30-7:30 p.m.) where guests will enjoy a buffet dinner, unlimited soda & water, three beer tickets, live music, an autograph session, *exclusive pre-race pit pass and a special souvenir gift.

Pit passes available to guests ages 18 and older only

MOVIN' OUT AT THE NATIONAL THEATER

Order your tickets now for the smash hit musical - MOVIN OUT!

The ITT office is now selling orchestra seats for the 2:00 p.m. show Saturday, December 11. Discount tickets available through September 30 only. Tickets will be delivered to the ITT office in October and our staff will call customers to come back in and pick them up.

"A SHIMMERING PORTRAIT OF AN AMERICAN GENERATION!"-Ben Brantley,
The New York Times

Five life-long friends. Two turbulent decades. 24 classic Billy Joel songs.

"THE #1 SHOW OF THE YEAR!" -Time Magazine
CONCEIVED, CHOREOGRAPHED AND DIRECTED BY TONY AWARD-WINNER TWYLA
THARP BASED ON THE SONGS AND MUSIC OF TONY AWARD-WINNER BILLY
JOEL Come see the show that critics say revolutionized musical
theatre as we know it.

"This exhilarating production seems to want to burst out of the
theater, setting a new standard for the rock musical," says
Richard Zoglin of Time magazine.

"MOVIN' OUT shakes and bakes the definition of a Broadway show.
This is a true-heart original that will haunt you with the power
of moving theater," declares Newsday's Linda Winer.

STATE FAIR OF VIRGINIA at Richmond Raceway Complex
September 25 - October 5, 2004; Tickets on sale NOW at ITT!
www.statefair.com

MARYLAND RENAISSANCE FESTIVAL 2004
Crownsville, Maryland
Festival Dates: August 28, 29
September 4, 5, 6, 11, 12, 18, 19, 25, 26
October 2, 3, 9, 10, 16, 17, 23, 24.
10:00 a.m. - 7:00 p.m.; Tickets are on sale now ITT.
www.rennfest.com

MILITARY APPRECIATION WEEKEND AT SIX FLAGS!
Saturday, September 25 & Sunday, September 26
Park Hours: 10:30 a.m. - 6:00 p.m.
Six Flags America pays tribute to the Military with an end of the
summer celebration!

Flex Ticket - Valid either Day, Sept 25 or 26

Military Appreciation Picnic -Valid Saturday, Sept 25, Includes
admission to Six Flags America, plus "All-you-can-eat" buffet in
the Oak Grove Pavilion.

Meal Time: 2:00 - 3:00p.m.

Menu: Hamburgers, Hot Dogs, Baked Beans, Potato Salad, Chips,
Fixin's Bar, Ice Cream, Sodas

Playtime: Music, Volleyball, Horseshoes, and Children's
playground.

PARAMOUNT'S KINGS DOMINION

One day passes discounted all season long at ITT!

PKD "WaterWorks" Water Park - open through September 6.

Park open weekends (Sat-Sun) September 11 - 26.

"Fearfest" runs October 16 - 31.

BUSCH GARDENS WILLIAMSBURG

Open daily through September 6 and weekends (Friday-Sunday) thru October 31. One day passes, good any day.

WATER COUNTRY USA

Open through September 19.

SIX FLAGS AMERICA

Closed September 7 - September 30, with the exception of Military Appreciation Weekend. (see above for details). Park reopens weekends, for FrightFest, October 1-30 (Friday-Sunday).

SESAME PLACE, PA

Open weekends (Saturday-Sunday) September 11 - October 24

HERSHEY PARK, PA

Open daily through Labor Day. Open weekends (Saturday/Sunday) after Labor Day. ITT tickets are good thru September 19.

SPLASH DOWN WATER PARK

Open through September 6.

MARYLAND INTERNATIONAL RACEWAY

ITT has a special discount ticket good for one day admission to any of the following race events at Maryland International Raceway this season:

Jet Wars	August 21
Superbike Showdown	August 28-29
War on Wheels #II (Ladies Free)	Sept 1
IMSTAR (Import Drag Racing)	Sept 12
Superbike Showdown	Oct 16-17
Ford Fever Classic	Oct 23-24

Plus, we now have separate discount tickets on sale for....

PRESIDENTS CUP NATIONALS at MIR in September

The Presidents Cup Nationals is THE premier event of 2004 at Md Raceway. Featuring Top Fuel Dragsters, Pro Modifieds, Pro Stocks & Supercharged Funny Cars. PLUS over 500 top IHRA Sportsmen in NON-STOP ACTION.

Take in the giant manufacturer's midway & experience Motzs Jet Truck, Wheelstanders and all the Pros all 3 DAYS! Be sure not to miss the Auto Trader Friday Night Top Fuel Nitro Jam and the Night of Fire Saturday Night!

Friday "Friday Night Thunder"	Sept 24, 2004
Saturday "Night of Fire"	Sept 25, 2004
Sunday "The Finals"	Sept 26, 2004

If you have any questions please call 653-8785 or stop by the ITT office in Bldg 144.

FREDERICKSBURG AREA WINE FESTIVAL

Saturday, October 9 & Sunday, October 10
Same great location--Izaak Walton League
(just off Rt 3 West of Spotsylvania Mall)

DISNEY ON ICE--FINDING NEMO!

Saturday, October 23 3:30 p.m. at George Mason University's Patriot Center, Fairfax, Virginia

AUTO SKILLS CENTER

540-653-4900

Special price on oil changes.

Have your oil changed on base, conveniently while you work!

Please call 653-4900 for your appointment.

WAGGY'S ALLEY BOWLING CENTER
540-653-7327

Current Hours:

Monday-Friday	9:00 a.m. - 2:00 p.m.
Monday Evenings	5:00 p.m. - 7:00 p.m.
Tues & Thurs Evenings	5:00 p.m. - 6:00 p.m.
Friday & Saturday Evenings	5:00 p.m. - midnight
Closed Sundays	

FALL BOWLING LEAGUES

ADULT LEAGUES.....

Monday Night Mixed League.

Meeting August 30, 6:00 p.m., at Waggy's Alley. 4 Person teams.
Must be 18. League rules to be determined at league meeting.

Wednesday Night Men's League.

Meeting August 25, 6:00 p.m., at Waggy's Alley. 4 Person teams.
Must be 18. League rules to be determined at league meeting.

Thursday Night Mixed League

August 26, 6:00 p.m., at Waggy's Alley. 4 Person teams. Must be
18. League rules to be determined at league meeting.

YOUTH LEAGUES....

Tuesday Night Youth League

Open to ages 8-18. If we have enough bowlers over the
age of 13, we'll split the league. League runs for 20 weeks.
Bumpers will not be used. Bowl Tuesdays at 6:00 p.m.

Saturday Morning Pee Wee League

Open to ages 3-7. League starts October 16 and runs for 6
weeks. Bumpers will be used.

COSMIC BOWL

September 3 & 17

October 1, 15 & 29

Bowl to neon pins, black lights and loud music!

Bowl 3 games for one low price (shoes included).

FUN NIGHTS

September 10 & 24

October 8 & 22

7:00 p.m.-midnight

Hit the colored pin to win FREE Food!
Blue - Pizza, Yellow - Nachos, Red - Soda

FAMILY NIGHT SPECIAL

Every Saturday night from 5:00 p.m. to 7:00 p.m.
Bring your entire family out for a fun night of bowling.

PLUS, WAGGY'S ALLEY HAS FANTASTIC LUNCH SPECIALS
AVAILABLE FOR CARRYOUT ORDERS AS WELL AS LUNCH AT THE
LANES! Stop in and pick up a menu today.

WILLOW OAKS GOLF CLUB
540-663-3002

LUNCH IS NOW BEING SERVED

Looking for a nice alternative for lunch on a pretty September afternoon? The clubhouse at Willow Oaks Golf Club on base offers grill items to enjoy inside our clubhouse or outside on our picnic tables. Check out these menu items--you can't beat the price! Why not enjoy a bucket of balls on the driving range after your meal? Willow Oaks now offers LUNCH SPECIALS to include hotdog or hamburger, fries, drink and small bucket of range balls!

WILLOW OAKS LUNCH MENU

Cheeseburger
Hot Dog
Chicken Tenders
BBQ TIPS W/Fries & Drink

Hamburger
Smoked Sausage
BBQ Sandwich

SIDES

French Fries
Candy

Chips
Crackers

GREAT GIFT IDEA FOR BIRTHDAY OR RETIREMENT!

5 ROUND PUNCHCARDS FOR WEEKDAY GOLFERS

The Willow Oaks pro-shop now has a five (5) round pass for play before 2:00 p.m. weekdays (excludes holidays).

FOR THE DRIVING RANGE TOO--

Using the WO driving range for your golf game tune-up?
We offer a punch card good for ten small pails of range balls for one low price - another wonderful gift idea!

**LOOKING FOR A GREAT TEAM BUILDING EVENT FOR YOUR DEPARTMENT,
ORGANIZATION OR GROUP?**

Let us help you set up a private golf tournament on base at Willow Oaks. For details, please call 540-663-3002.

OCTOBERFEST GOLF TOURNAMENT

October 16, 9:00 a.m.; 4-Person Scramble Format
Complimentary Food & Beverage

NOTICE: Any person/persons interested in helping the golf course remove golf balls from the water areas are asked to please call 663-3002 or 653-7259 for more information.

**DAHLGREN AQUATIC CENTER
540-653-6213/8088**

[Fall Schedule](#)

THE "COOL POOL" (Closed after September 7)

Monday-Friday

9:00 a.m. - 8:00 p.m.

Saturday

11:00 a.m. - 6:00 p.m.

FALL SWIM LESSONS START SEPTEMBER 13!!

Registration is now being accepted at the Aquatic Center for these American Red Cross swim classes.

RED CROSS LIFEGUARD CLASS

You must be at least 15 years old and able to swim 500 yards nonstop to qualify. Please call for more information.

FALL LIFEGUARDS NEEDED

Looking for a great job opportunity? The Dahlgren Aquatic Center is currently seeking lifeguards to start work this September. Evening hours are needed. Not certified? No problem, please call for lifeguard class information.

PRIVATE POOL PARTIES

The Aquatic Center is the perfect place for your group to get down and get wet! For private pool party information, give us a call!

RECREATION EQUIPMENT RENTALS
540-653-4588

NEW ITEMS NOW AVAILABLE FOR RENT!

Fishing gear, fishing rods, tackle boxes, AF Bait, inflatable cots & air mattresses. Stop in today and have a look!

RUMORS RECREATION CENTER
540-653-7782/5136

FREE Thursday Night Movies. Movies start at 8:00 p.m.

September 2	Dawn of the Dead
September 9	Hidalgo
September 16	The Whole Ten Yards
September 23	Mortal Combat
September 30	Eternal Sunshine of Spotless Mind
October 7	Breakin' All the Rules
October 14	Godsend
October 24	Shrek 2
October 28	Day After Tomorrow

BEACH PARTY BLAST!

September 10 - Starts at 9:00 p.m.

Mark your calendars for an end of Summer Beach Blast!

We'll be mixing up tropical smoothies along with your favorite beach music! Come dressed for the beach and join in the fun!

We'll have some great contests and prizes too.

KAMIKAZE KARAOKE

September 24 and October 8 - Starts at 9:00 p.m. each evening.

Show us your talent and you may win a prize! Our DJ picks the song you sing in this most unusual karaoke competition.

Traditional karaoke too. Prizes awarded each night for 1st, 2nd and 3rd place.

COMICS ON DUTY HALLOWEEN PARTY

October 29 - Starts at 9:00 p.m.

Tickets go on sale October 1 at the Information, Tickets & Tours office (ITT). MWR has set aside 25 FREE tickets for the 1st 25 SINGLE SAILORS to pick up their tickets

from the ITT office. All others pay in advance at ITT. If any seats remain after the advance sale, they will be available for sale at the door. Come dressed in your best Halloween costume. Prizes will be awarded for the most original, scariest and funniest costumes of the night! Beverage specials and munchies too!

LIBERTY PROGRAM FOR SINGLE SAILORS
540-653-7277

The Liberty program is designed to provide recreational activities for single or unaccompanied military personnel, particularly ages 18 to 24, stationed at Dahlgren.

The Liberty Program office is located in room #237A on the 2nd floor of BQ building 959. Computers with internet access are available as well as a movie lounge.

Liberty Program Coordinator.....540-653-7973

Liberty Program Assistant.....540-653-7277

MONTHLY BIRTHDAY CELEBRATION

Be sure to stop in the Liberty office on the first Wednesday of the month you were born. We'll have a special gift just for you! Stop in sometime between 9:00 a.m. and 3:00 p.m.

DAHLGREN HOLDEM! POKER TOURNAMENT

September 4 - 8:00 p.m. at Rumors. Free Pizza! Sign up at the Liberty office. Prizes will be awarded to top finishers.

GRILL IT YOSELF! STEAK NIGHT

September 25

Sign up at the Liberty office for a nice juicy thick STEAK! You'll be the Chef! We'll provide the rest of the meal. For more information call 653-7277.

VOLLEYBALL COOKOUT AT THE Q!

September 11th

Strut your stuff on the volleyball court! We'll be cooking up burgers and the dogs on the grill. Courts located behind building 959.

BALTIMORE ORIOLES vs. BOSTON REDSOX

We will provide transportation to and from the park.

Sign up at the Liberty office or call 540-653-7277 for more info.

DAHLGREN HOLDEM POKER TOURNAMENT

October 9

Need to hold them or Fold them? Starting time: 8:00pm at Rumors.
Sign up at Liberty Office: 540-653-7277.

FLAG FOOTBALL

October 16 - Gametime: 1:00 p.m. on the Parade Field.

Call 540-653-7277 to sign up before October 13.

Winning team members receive a prize!!

DAHLGREN GYMNASIUM/FITNESS CENTER

540-653-8580

ON BASE, OFF ROAD BIKING!

Saturday, September 25 - 10:00 a.m. - 12:00 p.m.

Meet at Hideaway Pond Equipment and information call the Activity Leader at 540-653-1523.

Participants are encouraged to bring bike gloves and beverages.
Bike helmets are required for all.

CHESAPEAKE BAY BRIDGE TUNNEL BIKE EVENT

The Activity Leader is also organizing a group to take part in this activity. Event details may be found online at:

<http://www.cbbt.com/cbbtevent.html>

To join in the fun call 540-653-1523.

PATRIOTS DAY 5K FUN RUN/WALK

Friday, September 10 12:00 Noon

Sign up anytime raceday at the gym. We will meet in front of the gym at 11:30 a.m. and the race will begin at noon. Plan to arrive early to pick up your race number. The first 20 participants to register will receive a complimentary t-shirt commemorating the run.

Awards will be given to 1st and 2nd place finishers in both the men's and women's divisions.

ADULT FLAG FOOTBALL LEAGUE

Registration runs through September 17 at the gym.

FREE for active duty/fee for civilians

League will start the week of September 27.

An interest meeting will be held August 23, 4:30pm, at the gym.

Any questions? Feel free to call 540-653-7341.

ISSHINRYU KARATE CLASSES

Fall Karate classes start Monday, October 4 at the Dahlgren Community House. Both beginner and advanced classes are offered. The beginner classes are designed for the individual who wants to learn about karate for the first time. Beginner classes are held every Monday and Thursday from 5:00 p.m. til 6:00 p.m. (through December 16). The advanced class meets at 6:00 p.m., following the beginner class. Register with MWR at the gym before your first class.

FITNESS CENTER ORIENTATIONS

If you are a new gym member or just in need of some help to learn the equipment, the Dahlgren Gymnasium offers FREE orientation sessions just for you every Monday at 9:30 a.m.. Classes cover CARDIOVASCULAR TRAINING and/or STRENGTH TRAINING. Sign up at the front desk of the gym.

AEROBICS AND YOGA CLASSES

The Dahlgren gymnasium offers a wide variety of classes designed to help you lose weight and add muscle tone. Classes are FREE for active duty, small charge for family members and civilians

SEPTEMBER CLASS SCHEDULE

Mondays	4:00 p.m.	Step II
	11:30 a.m.	Tone & Stretch
Tuesdays	11:30 a.m.	Power Yoga
	4:00 p.m.	Tone & Stretch
Wednesdays	9:30 a.m.	Beginners Pump, Sweat & tone
	11:30 a.m.	Cardio Kick Box
	4:00 p.m.	Power Yoga
Thursdays	11:30 a.m.	Power Yoga for Beginners
	4:00 p.m.	Step I
Fridays		No Classes

CRAFTECH

540-653-1730

Upcoming classes....

METAL PUNCH

September 7 4:30 p.m.

Create a tin punched panel. This is an old art form. class size: 8 students. Price includes all supplies.

SIX WEEK DECORATIVE PAINTING CLASS

September 13 4:30 p.m.

In this class you will create several projects. Different painting techniques will be used. class size: 6. Price does not include brushes and class project.

PRAIRIE STYLE STAINED GLASS LAMPSHADE

September 21 4:30 p.m.

Stained glass made easy. Pre-cut, pre-foiled, ready to put together. No experience necessary. class size: 4 students. Price includes all supplies

FRAMING AND MATTING

September 22/29 4:30 p.m.

In this 2 day class, you will learn how to frame and mat a piece of your own artwork. Bring in a piece of artwork no larger than 16x20. Please, no oils, canvas, cross-stitch or posters. class size: 4 students. Price does not include your supplies.

GLASS MOSAIC MIRROR

September 23 4:30 p.m.

Using scrap glass, learn the art of mosaics and create a mirror for your home. class size: 8 students. Price includes all supplies.

BEGINNER'S STAINED GLASS

September 30 4:30 p.m.

In this 4 week course you will learn the art of Copper Foil. Create a panel of stained glass for your home. class size: 8 students. Price includes all supplies

GLASS BEADMAKING AND JEWELRY 101

October 5 4:30 p.m.

In this class you will create beads from glass rod and then create a piece of jewelry using the beads. class size: 6 students. Price includes all supplies

FALL FLOWER ARRANGING

October 19 4:30 p.m.

Bring in a real pumpkin, no larger than 6-8 inches in height and learn how to make a centerpiece. class size: 8 students. Price includes all supplies except the pumpkin you provide.

FRAMING AND MATTING

October 20/27 4:30 p.m.

In this 2-day class, learn how to frame and mat a piece of your own artwork. Bring in a piece of artwork no larger than 16x20. Please, no oils, canvas, cross-stitch or posters. class size: 4 students. Price does not include your supplies.

CAKE DECORATING FOR THE HOLIDAYS

October 26 4:30 p.m.

In this Demo class you will see how to make cakes using holiday themes. A hands-on practice session will have you ready to tackle those holiday cakes. class size: 6 students. Price includes all supplies.

GARDEN STEPPING STONES

October 28 4:30 p.m.

Never too late to plan for the spring gardens and decorating for your yard. Using glass scraps and concrete, build a stone for your garden. class size: 6 students. Price includes all supplies

Coming in the next few months....Christmas ornaments, Painted glass, One stroke painting and more.

Please remember: pre-payment is required 3 days prior to class to ensure we have sufficient supplies on hand.

DAHLGREN MOVIE THEATER

540-653-7336

[September Movie Schedule](#)