



Meeting your needs at home. At sea.

The Bridge

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Domestic Violence Hurts Us All

During Domestic Violence Awareness Month, this October, Navy officials, along with the Family Advocacy Program (FAP), remind everyone that domestic violence hurts us all, and it is everyone's duty to report it.

Domestic violence is a pattern of behavior used to establish power and control over another person through fear and intimidation. This often includes the use of threat of violence. Abuse usually gets worse and can seriously affect your health and your children's health.

Victims of domestic violence come from all walks of life— all cultures, income groups, ages and religions. Evidence shows that victims of domestic violence in the military are predominately female. Violence against women within the military is a pervasive problem, just as it is in the civilian sector. However, women in the military are particularly vulnerable to abuse due to geographical isolation from family and friends, and the potential for all social isolation within the military culture.

Imagine a place where every abused person found the support they needed from co-workers, friends and neighbors to leave a violent relationship. A place where no one excuses abusive behavior and everyone is committed to being part of the solution. We can make this place a reality in our Navy.

You deserve to be safe and healthy in your relationships. If you or your children are being hurt by a spouse or parent, talk to us, we can help.



The Naval Fleet and Family Support Center
is Located @
BLDG 214. 13 Riverview RD
Dahlgren, VA Indian Head MD,
Phone: 540-653-1839
Toll Free: 800-500-4947

FFSC Workshops/Event Listing

Registration is required.

Call 540.653.1839 / 800.500.4947

All workshops are open to active duty service members, spouses, retirees, and to DoD civilians on a space available basis.

Resume/ Interviewing	04 Oct	1000-1400	IHFFSC
Resume Writing	05 Oct	1000-1200	FFSC
TSP Brief	06 Oct	1700-1800	FFSC
Interviewing Strategies	07 Oct	1000-1200	FFSC
TSP Brief	08 Oct	1000-1100	FFSC
Veterans Affairs Brief (Benefits/Disability)	13 Oct	0800-1600	FFSC
Sponsorship Training	14 Oct	0900-1030	FFSC
Resume/Interviewing	18 Oct	1000-1400	IHFFSC
Ombudsman Meeting	19 Oct	1530-1630	FFSC
Resume Writing	19 Oct	1000-1400	FFSC
Legal	21 Oct	0900-1600	FFSC
SUICIDE AWARENESS MONTH		NOVEMBER	